

INGLÉS

OPCIÓN A

Read the text and the instructions to the questions very carefully. Answer all the questions in English.

In his autobiography, *Below the Surface*, 2008 Olympic swimming sensation Michael Phelps says, "I eat pretty much whatever I want." Apart from items such as fried-egg-and-cheese sandwiches, chocolate chip pancakes or five-egg omelettes for breakfast, half a kilo of enriched pasta or two large ham-and-cheese sandwiches with mayonnaise (lunch) or pasta with carbonara sauce and a large pizza for dinner, he also loves junk food, especially McDonald's Big Mac hamburgers.

According to nutritionists, Phelps can eat this diet because he trains five hours a day, six days a week. His metabolism – the process of converting food into energy – is very different from an average man's. While he's training, he burns 1,000 calories per hour. An average male adult who, like Phelps, consumed 12.000 calories daily would gain three pounds (1.4 kilos) a day. Nutritionists also say that Phelps, who is 1.93 metres tall and weighs 85 kilos, could improve his diet by including some fruit or salad.

Contrary to the copious breakfasts eaten by Phelps and also to the advice of experts, who say that breakfast is the most important meal of the day, Usain Bolt, the world's fastest man, told a reporter that he didn't have any breakfast at all on the day he won his 100-metre gold medal. But reports say that after he won his medal, the Jamaican athlete (1.93 metres tall and 86 kilos in weight) went to celebrate at McDonald's. Maybe he met Michael Phelps there. The American fast-food company must be very happy with all the publicity it's been receiving. It sounds like fast food equals fast man. But only in some cases, of course!

Questions

1. Write a summary of the text in English, including the most important points, using your own words whenever possible (maximum 50 words, 1 point).
2. Find words or phrases in the text that correspond in meaning to the words and definitions given here. (1 point; 0.25 each)
 - a) More or less
 - b) Rubbish
 - c) Used up
 - d) Abundant
3. Complete the second sentence of each pair so that it has the same meaning as the first one. (2 points; 0.5 point each)
 - a) Phelps says, "I eat pretty much whatever I want"
Phelps said that
 - b) Phelps could improve his diet by including some fruit or salad.
Phelps could improve his diet if
 - c) Contrary to the copious breakfasts eaten by Phelps
Contrary to the copious breakfasts which ...
 - d) Maybe he met Michael Phelps there.
He may
4. Answer the following questions in your own words. (2 points; 1 point each)
 - a) Why do you think Phelps' autobiography is called *Below the Surface*?
 - b) Why can't a normal person follow the same diet as Michael Phelps without getting fat?
5. Write a letter to a friend who is getting a bit fat telling him/her what to do in order to lose weight. Consider both diet and exercise. (Approximately 120 words; 3 points).

INGLÉS

OPCIÓN B

Read the text and the instructions to the questions very carefully. Answer all the questions in English.

If you adopt a dog, you and your new pet will spend the first couple of weeks "getting to know one another". He doesn't know why he has come to your home or what is expected of him. Please be patient with him and anticipate problems before they occur. Don't leave tempting shoes, clothing, or children's toys within reach of your dog. If he is left out in your backyard while you work, please understand the first few days will be rough on him. Try to leave the home with as little fanfare as possible. Tearful goodbyes do nothing but add to your dog's anxiety.

When he's first settling in, your dog may experience shyness, anxiety, restlessness, excitement, crying or barking. He may exhibit excessive water drinking, frequent urination, or diarrhoea. His appetite may not be good. If any of these symptoms last more than a few days, call your veterinarian.

Your new dog must learn a whole set of new rules. Be patient and be consistent. If you want him off the furniture, don't allow him to sit on the couch "sometimes". Don't allow him to do something one time and forbid it another.

A training lesson with your dog half-an-hour a day will teach him the simple obedience commands so necessary in having a well-behaved pet. Just as we must teach our children manners, so we must also teach our pet.

Within a week or two, your dog will have settled into his new home and his new routine. Some will take a little longer. Very few are unable to adjust at all.

Questions

1. Write a summary of the text in English, including the most important points, using your own words whenever possible (maximum 50 words, 1 point).
2. Find words or phrases in the text that correspond in meaning to the words and definitions given here (1 point; 0.25 each).
 - a) To see or realise beforehand
 - b) To show
 - c) External signs of an illness
 - d) Orders
3. Complete the second sentence of each pair so that it has the same meaning as the first one. (2 points; 0.5 point each)
 - a) Don't leave tempting shoes, clothing, or children's toys within reach of your dog
The writer advises us ...
 - b) His appetite may not be good.
Perhaps ...
 - c) Don't allow him to do something one time and forbid it another.
If you allow him ...
 - d) We must teach our pet manners.
Our pet ...
4. Answer the following questions in your own words. (2 points; 1 point each)
 - a) Why should you be patient at first when you adopt a new dog?
 - b) How should you act if you want your dog to be well-behaved?
5. Have you ever had a pet? If so, describe it. If not, what sort of pet would you like to have, and why? (Approximately 120 words; 3 points).

INGLÉS

6. LISTENING TEST (1 point)

In this interview with Peter Green, the author of *The Travel Detective*, you are going to hear some new words. Read and listen to them. Make sure you know what they mean.

Reward: recompensa

Challenge: reto / desafío

Sunset: puesta del sol

Warn: avisar

Here is the beginning of the interview.

Interviewer: Peter Green discovers secrets that the airlines, hotels, and car rental companies don't want travellers to know. His new book answers travellers' questions. Peter, good morning.

Here is an example of a question:

0. Who does Peter Green write for?

Travellers

Airlines

Hotels and car rental companies

The correct answer is "Travellers"

Ready? Now read the rest of the questions and alternative answers before listening to the interview.

(2-minute pause)

Now listen to the rest of the interview. You will hear it three times. Write the correct answer in your exam notebook (cuadernillo). Write the complete answer, not just a letter. You must not write more than one answer for each question.

(Tapescript)

Now you will hear the text again.

(Tapescript)

Now you will hear the text for the last time.

(Tapescript)

That is the end of the Listening test. Write your answers in your examination notebook (cuadernillo) if you have not already done so. Then you can go on with the rest of the examination.

INGLÉS

QUESTIONS

1. Did Peter Green start flying when he was very young?

Yes, we know that he met the pilot.

Yes, he was put on the plane by his parents.

He guesses so, but is not sure.

2. Who sent him as a correspondent in Los Angeles?

Newsweek magazine.

Wisconsin university.

The university newspaper.

3. How many people were hurt by the police on the campus?

500

Over 150

30,000

4. What are people interested in reading?

Descriptions of popular travel destinations.

About the experience of travelling.

Descriptions of nice sunsets in the Bahamas.

5. Who is described in the story as being dishonest?

A taxi driver.

An airline.

A hotel.

6. What's new in the world of the media?

People immediately protest if they think you've made a mistake in your report.

More people are writing about their travel experience than ever before.

People write many e-mails and blogs about their addiction to travel.

7. Which of the following is true?

He produced *McGyver*.

He produced *Thirty-Something*.

He works on some programs that don't have anything to do with travel.

8. Which of the following is true?

Somerset Maugham's observations are always very short and precise.

He reads Somerset Maugham's book in his bedroom in Los Angeles.

Somerset Maugham wrote a travel book that impressed him very much.

9. What advice does he give to prospective travel writers?

Don't write about places like Rome or Paris.

Write about something you know especially well.

Write about something that is familiar to your audience.

10. What is his biggest reward as a travel writer?

He has visited half of all the tourist destinations in the world.

People read and appreciate what he writes about travel.

He will have the chance to visit about 150 more tourist destinations in the future.